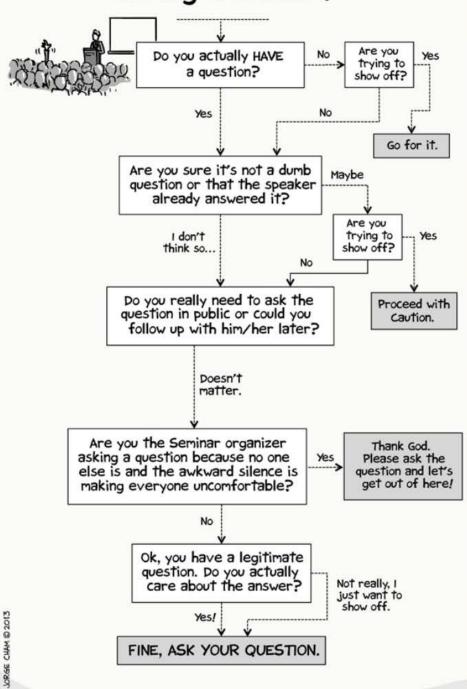


### Should you ask a Question during Seminar?



# Why do we need the RBI?

### Why do we need the RBI?

- Classroom programs
- Functionality of outcomes/goals

### Functionality

- Meaningfulness of the skill
- Change the family wants
- Participation
- Domains are a poor organizing framework
- Routines are a good one

### Agenda

- Ecomap
- Style
- Structure
- Content
- Outcomes/goals
- Resources

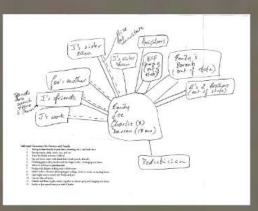
### How the Workshop Will Go

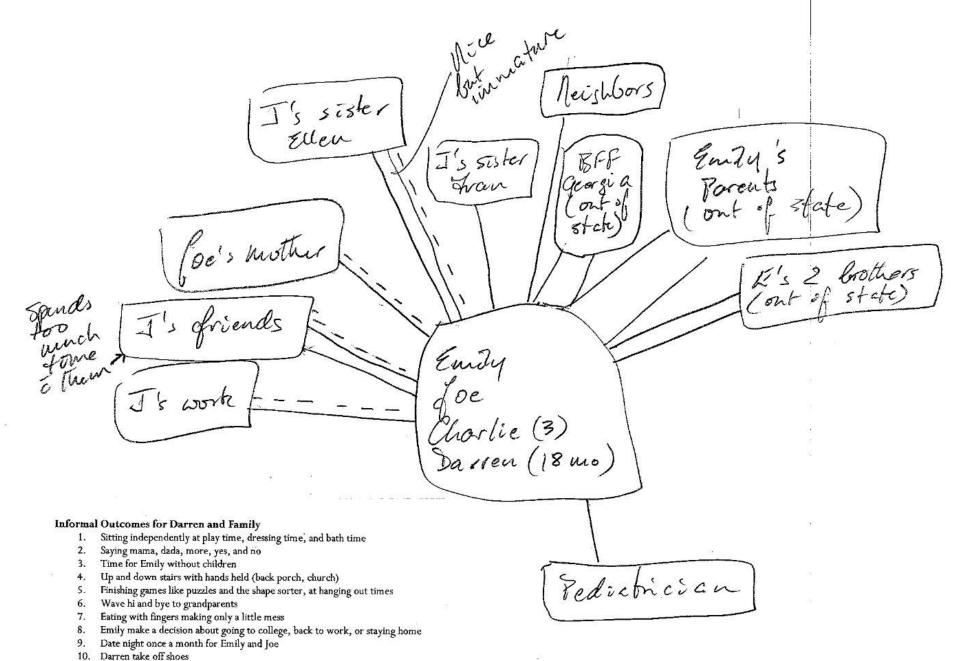
- Mostly lecture and large-group discussion
- 2 small-group discussions
  - 1 on surprises
  - Make note of any information that's surprising to you

Understanding the Family Ecology

### Ecomap

When? Intake or before RBI?





11. Charlie and Darren play nicely together at dinner prep and hanging out times

12. Emily or Joe spend time just with Charlie

# When do you think we should conduct the initial RBI?

### map



## Style Video

- Informal style
- Acknowledge feelings before facts
- Active listening
- · Affect
- · Nonaffect for nonjudgment

### Relationship Development From research:

- · Positive
- Responsive
- · Oriented to the whole family
- Friendly
- Sensitive

### Worry and change questions

· Part of structure



# Style

- Informal style
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# Relationship Development From research:

- Positive
- Responsive
- Oriented to the whole family
- Friendly
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### Sensitive

# Worry and change questions Part of structure



Relationship With Family Rich, Thick Description of Child, Family Functioning List of 6-12
Functional,
Meaningful Child &
Family Outcomes

# Structure Caa DDI Anthia

# Structure

# See RBI Outline

Stages

Reainnina

### Stages

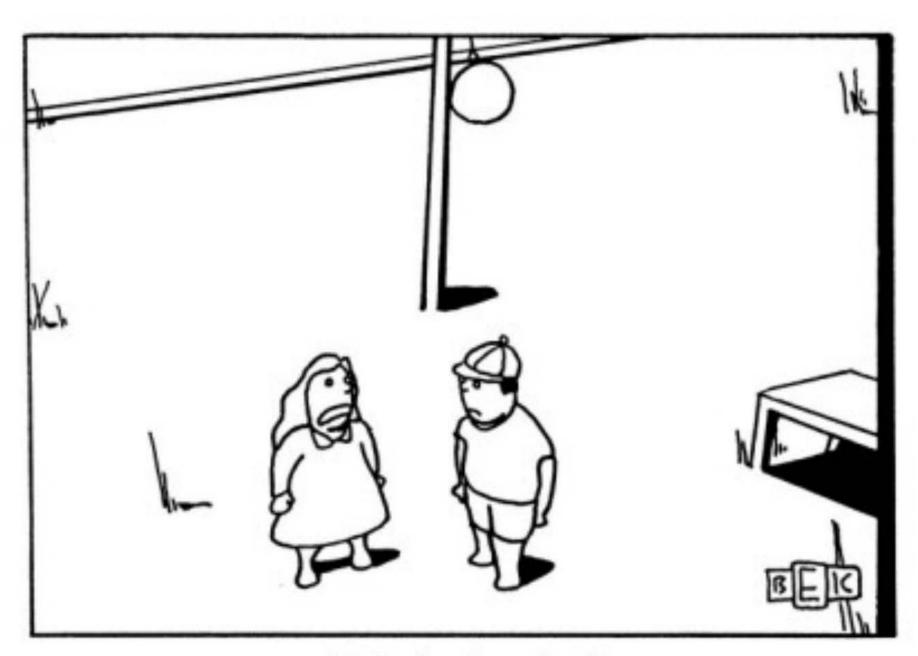
Beginning Routines End

- Very important
- · Very prone to error

- Very important
- Very prone to error

### Routines

- Definition
- Everyone else
- Function and participation
- Satisfaction/goodness of fit



"A day is a long time."

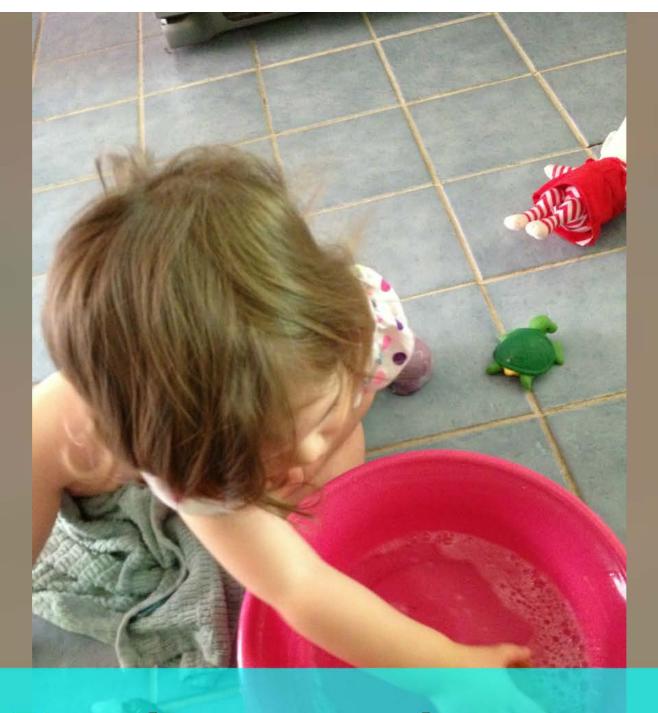
# Child Functioning











Independence



Social Relationships

THICTION ICF-CY BODY FUNCTIONS PARTICIPATION PESTRICTIONS CLKHWEINGRY TONING DISABILITY HAIRMENTS. SODY STRUCTURES AMIATORS ACTIVITIES EMARAHARI FACTORS ELERITES & HEIGHTON PERSONALIACION

# Family Functioning



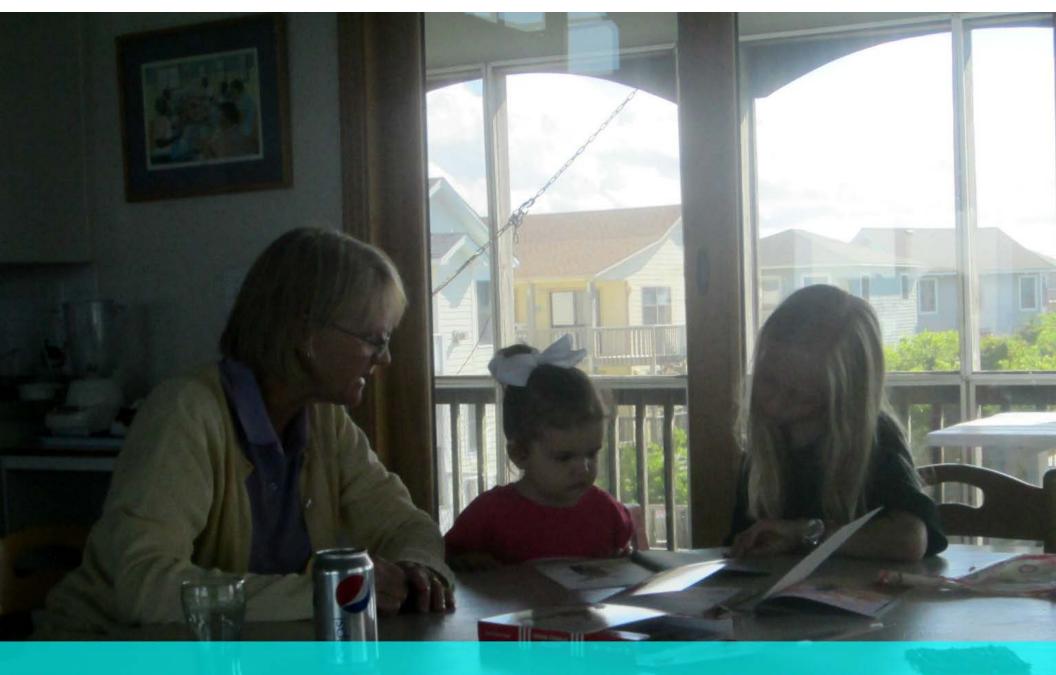
Family Quality of Life

### FaQoL Factors

- Family Relationships
- Access to Information & Services
- Child Functioning
- Overall Life Situation



Satisfaction With Home Routines



Family Quality of Life

### amitty Quatity of Life

### FaQoL Factors

- Family Relationships
- Access to Information & Services
- Child Functioning
- Overall Life
   Situation



# Satisfaction With Home Routines

### Measure of Engagement, Independence, and Social Relationships (MEISR)

R. A. McWilliam and Naomi Younggren (2012)

Original: R. A. McWilliam and Shana Hornstein © 2007

This instrument has been designed to develop a profile of functional behaviors of a child from birth to 3 years of age, in home routines. It is to be completed by a caregiver who has observed the child often in the home, such as a parent—not by a professional with limited opportunity to observe home routines. The purposes of the MEISR are (a) to help families, as members of intervention teams, assess the child's competence in everyday situations, which might help them decide on intervention priorities; (b) to help professionals ask families relevant questions about child functioning in home routines, such as when conducting a Routines-Based Interview; and (c) to monitor a child's progress. Although it can be used to help ask relevant questions, it should not be used *instead of* the Routines-Based Interview, because many family needs, especially parent-level ones, are not listed on the MEISR.

Child's name:	Name of person completing this scale:				
Child's DOB:	Date:	Relationship to child:			
Name and affiliation of profes	sional working with the famil	ly:			
City and state:		Child ID:			

MEISR Page 1

1. Meal Times		Starting age in months	Not yet	Some- times	Often	Beyond this	Func <sup>a</sup>	Dev <sup>b</sup>	Out <sup>c</sup>
1.1.	Makes transitions to and from mealtimes without becoming upset	0	1	2	3	3	s	s	s
1.2.	1.2. When nursing or bottle feeding, sucks strongly enough		1	2	3	3	ı	Α	Α
1.3.	1.3. Drinks appropriate amount from bottle or when nursing		1	2	3	3	I	Α	Α
1.4.	1.4. Swallows		1	2	3	3	I	A, M	Α
1.5.	1.5. Feeding schedule is consistent (e.g., every 3-4 hours)		1	2	3	3	I	Α	Α
1.6.			1	2	3	3	I	М	Α
1.7. Tries to pick up small pieces of food such as cereal		5.5	1	2	3	3	I	М	Α
1.8.	Holds own bottle	5.5	1	2	3	3	I	М	Α
1.9.	Begins to eat solid food	6	1	2	3	3	I	Α	Α
1.10.	Rakes foods with fingers	7	1	2	3	3	I	A, M	Α
1.11.	Eats without drooling	7	1	2	3	3	I	A, M	Α
1.12.	Feeds him- or herself with fingers	8	1	2	3	3	I	Α	Α
1.13.	Chews food	8	1	2	3	3	I	A, M	Α
1.14.	Uses pincer grasp to pick up small pieces of food	10	1	2	3	3	I	A, M	Α
1.15.	Follow simple requests with gestures (e.g., <i>come here</i> , <i>throw it away</i> )	12	1	2	3	3	s	A, CM	К
1.16.	Uses words or signs to ask for "eat" and "drink"	12	1	2	3	3	S	СМ	Α
1.17.	Drinks from a sippy cup by him- or herself	12	1	2	3	3	I	Α	Α
1.18.	Eats meals on a fairly regular schedule	12	1	2	3	3	E	Α	Α
1.19.	Follows pointing and points to indicate food preference	12	1	2	3	3	I	CM, A	Α
1.20.	Says "no" meaningfully	13	1	2	3	3	I	A, CM	K
1.21.			1	2	3	3	I	М	Α
1.22.	1.22. Drinks from a cup without a lid by him- or herself		1	2	3	3	I	Α	Α
1.23.	Uses a spoon independently	18	1	2	3	3	I	М	Α
1.24.	Drinks an appropriate amount from open cup at one time (i.e., with each sip)	18	1	2	3	3	I	A	A

**MEISR** Page 3

 $<sup>^{</sup>a}$  Functional domain: E = engagement, I = independence, S = social relationships  $^{b}$  Developmental domain: A = adaptive, CG = cognitive, CM = communication, M = motor, S = social  $^{c}$  Outcomes: S = positive social relations, K = acquiring and using knowledge and skills, A = taking action to meet needs

## Content

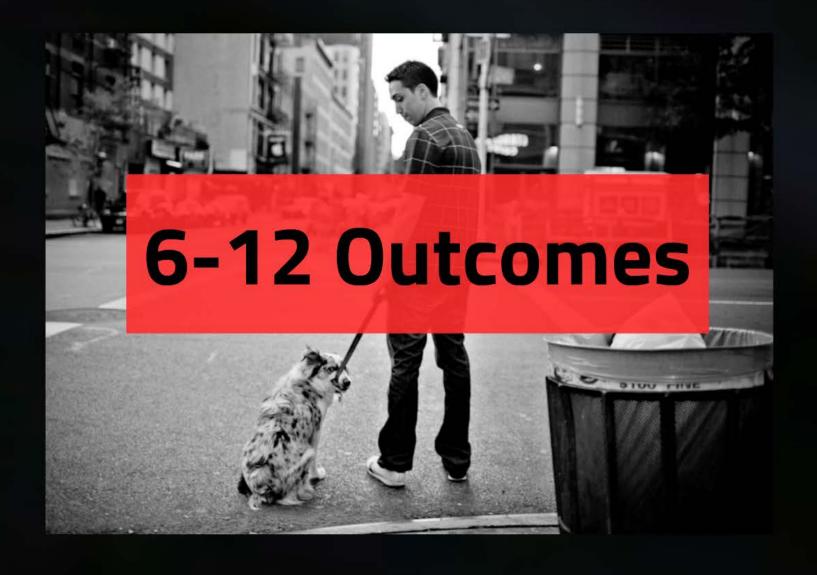
### Notes

- · Child-level needs
- Family-level needs

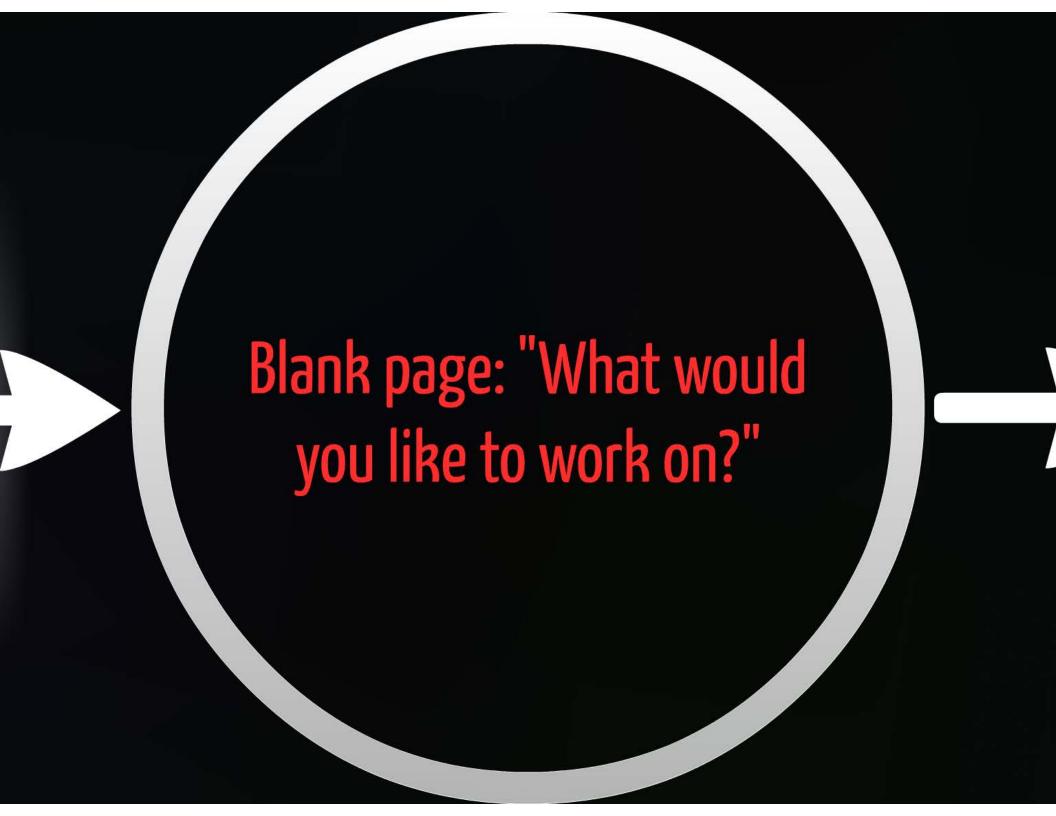
# Notes

- Child-level needs
- Family-level needs

# **Outcome/Goal Selection**



# RBI With Recap



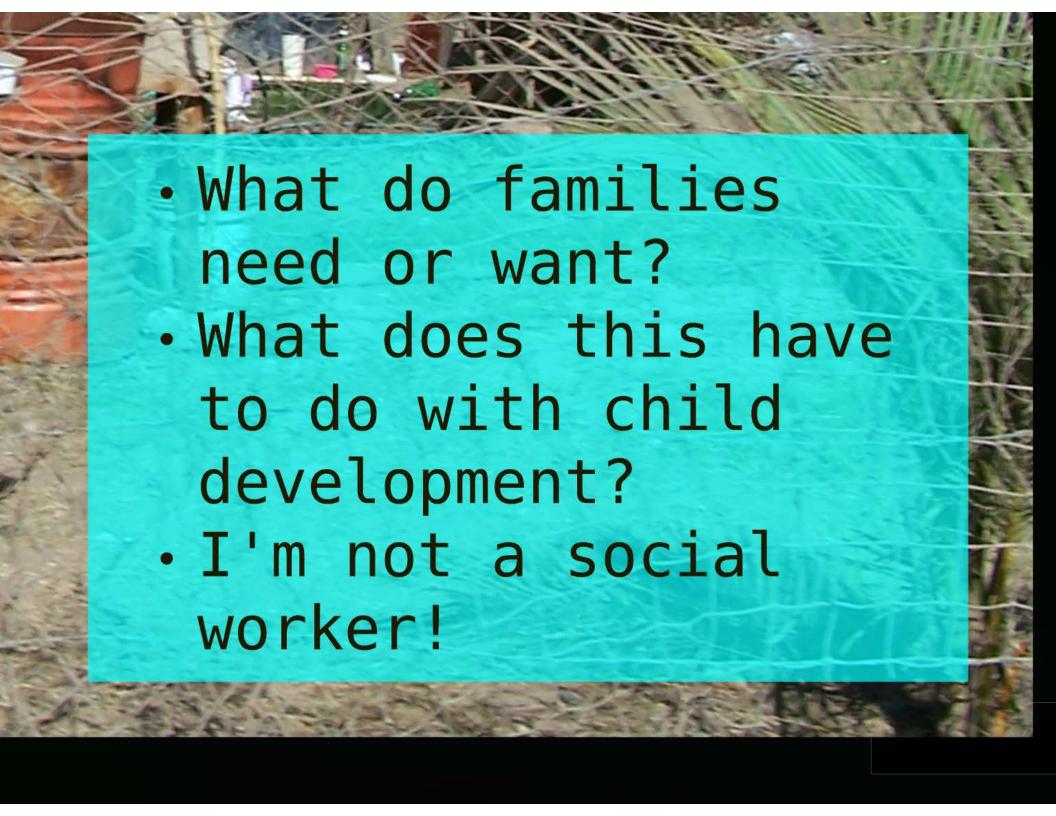




# 10-12 Outcomes!











Tinsley will participate in waking up and play times by playing with objects the way they are intended to be played with.



We will know she can do this when she plays with an object appropriately for 1 minute, once at waking up and once at a play time on 5 consecutive days.

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# Resources

## RBI Certification Institute

- 91 certified trainers from 22 states
- July 14-18, 2014, in Chattanooga, TN
- Write to Azusa.Dance@Siskin.org, to be notified when the request for applications is posted

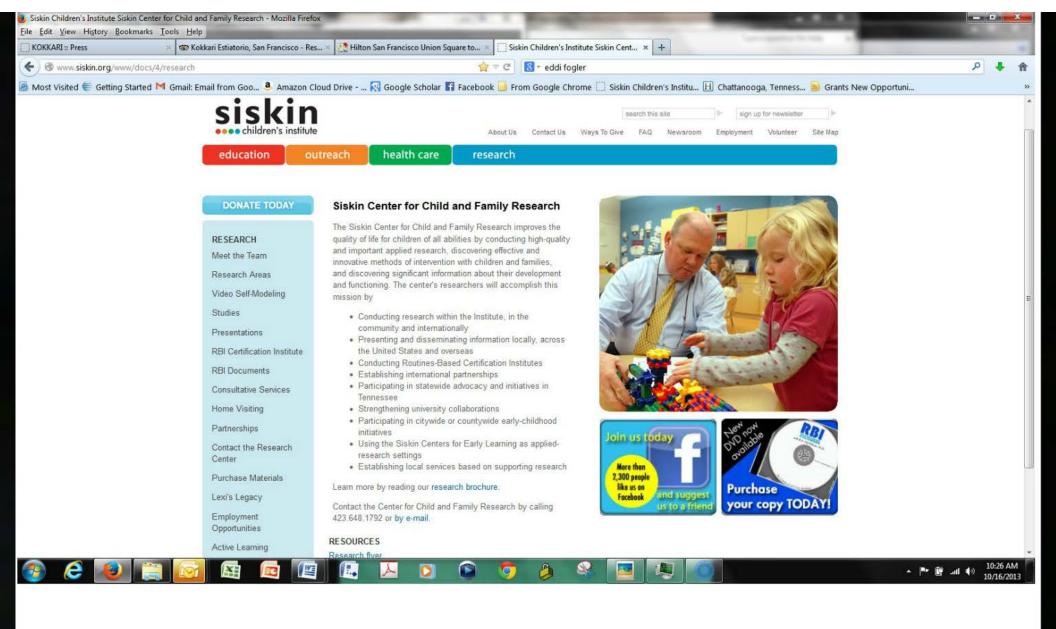












# www.siskin.org/research

### Written Products

- Chapters describing the RBI in various books
- Dated, out-of-print--but still brilliant--book on the RBI
- Checklists for interviewing and note taking
- Vignettes for use in training
- Protocol with exact wording for beginning and end
- Example informal outcomes/goals from RBI
- Path showing
  - ecomap to
  - · RBI notes to
  - informal outcomes list to
  - participation-based outcomes to
  - goal attainment scale.

# Video

- 2.5-hour whole interview
- 35-minute edited instructional video
- Ancient 20-minute edited video (Edelman)
- YouTube clips