

EXAMPLE PARTICIPATION-BASED OUTCOMES

Informal Outcome	Participation-Based Wording
Communicate yes/no (wake up, play, toileting, meals, child care)	Olivia will participate in wake up, play times, toileting, meals, and child care by communicating yes and no. We will know she can this when she communicates yes and no three times a day, in any of the above situations, on five consecutive days.
Follow routines without “tantrums” or running away (pick up from school, nappy change, dressing)	Olivia will participate in pick up from school, nappy change, and dressing by following the routine, without having a “tantrum” or running away. We will know she can do this when she follows the routine at pick up, nappy change, or dressing, without having a tantrum or running away, 7 times a week, for 4 weeks.
Make transitions without getting distracted (meals, mat time)	Olivia will participate in meals and mat time by going to those activities and leaving them without getting distracted. We will know she can do this when she goes to and leaves meals or mat time four times in a day for 7 consecutive days.
Play with other children (free play at child care)	Olivia will participate in free play at child care by playing with other children. We will know she can do this when she plays with, not just beside, another child for 5 minutes twice a day during free play on 3 days in 1 week.
Play with objects as intended (child care)	Olivia will participate in play time at child care by playing with objects as intended. We will know she can do this when she plays with objects as intended for 5 minutes twice a day during child care on 3 days in 1 week.
Communicate clearly with signs or words (wake up, play time, toileting, child care)	Olivia will participate in wake up, play time, toileting, and child care by communicating clearly with signs or words. We will know she can do this when she uses five words or signs that people understand in each of these four times of day in 1 week.
Keep eating independently (without prompts) with a spoon (meals)	Olivia will participate in meals by eating independently without prompts. We will know she can do this when she eats independently without prompts for 10 minutes during three meals in 1 day for 5 consecutive days.

Puts on pants independently (toileting, dressing)	Olivia will participate in toileting and dressing by putting on pants independently. We will know she can do this when she puts on her pants independently twice at toileting and once at dressing in 1 day for 2 weeks.
Put on jacket independently (going out at home and school)	Olivia will participate in going outside by putting on her jacket independently. We will know she can do this when she puts on her jacket independently twice a day at home or at school every day for 2 weeks.
Pulls down pants independently (toileting, undressing)	Olivia will participate in toileting and undressing by pulling her pants down independently. We will know she can do this when she pulls her pants down independently twice at toileting and once at dressing in 1 day for 2 weeks.
Go sit on toilet independently (toileting)	Olivia will participate in toileting by going to sit on the toilet independently. We will know she can do this when she goes to the toilet and eliminates 4 times a day for 1 week.
Sonora's feeding (eat more variety; meals)	Sonora will participate in meals by eating a variety of foods. We will know she can do this when she eats 5 different foods a day for 7 consecutive days (foods can be repeated on different days).
Sonora sleep through the night	Sonora will sleep through the night (8 hours) for 2 weeks. [Not participation based because sleeping is not participating; it is planned nonparticipation.]
Sonora get to sleep on her own, faster (bed time)	Sonora will participate in bed time by going to sleep on her own. We will know she can do this when she goes to sleep within 10 minutes of being placed in her crib on 7 consecutive nights.
Sonora communicate, including <i>no</i> or <i>finished</i> (meals, play)	Sonora will participate in meals and play time by communicating. We will know she can do this when she communicates no, finished, or any other concept (other than yes, which she already can gesture), using words, signs, or gestures, during 3 meals and 2 play times in 1 day for 5 consecutive days.
Sonora play and communicate without banging her head	Sonora will participate in meals and play time by playing or communicating without banging her head. We will know she can do this when she plays or communicates without banging her head at all (frequency = 0) at meals and play time for 1 week.

EXAMPLE FAMILY-LEVEL OUTCOMES

Informal Outcome	Outcome With Criterion
K—time for herself	Kandis will have 2 hours a week for herself for 8 consecutive weeks.
Info re: Sonora's nutrition	Kandis will have information about Sonora's nutrition within 1 month.
Strategies for Shiri (sister; meals, play, getting out of the house, dinner preparation, bedtime)	Kandis will have a behavior plan she can implement with Shiri, starting with one of these times of day, within 2 months.
Info about Sonora's seizures, delays, and motor stuff	Kandis will have information about what kind of seizures Sonora is having, about any connection between seizure activity and delays, and about Sonora's left-side "weakness" and trunk control needs within 3 months.
Shiri (sister) sleep throughout the night in her own room	Kandis will teach Shiri to sleep throughout the night in her own room until Shiri does this every night for 2 weeks.
Shiri (sister) dress and potty independently	Kandis will teach Shiri to get dressed and use the potty independently within 4 months.
Shiri (sister) transition without running off)	Kandis will teach Shiri to make transitions when out of the house without running off within 5 months.
Kandis shower in evening when Kelsey's (older daughter) gone to college	By August 15, Kandis will have a plan for showering in the evening when Kelsey's gone to college.
Dinner prep though clean-up, establish a routine	Within 2 months, Kandis will establish a routine for dinner preparation through clean up after dinner.