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## DESCENDING ORDER OF PREFERRED SESSION TYPES

Functional, Family Capacity Building in Natural Environments

Functional, Family Capacity Building in Clinic

Nonfunctional, Child-Focused in Natural Environments

Nonfunctional, Child-Focused in Clinic

### 1. ALL THE INTERVENTION OCCURS BETWEEN VISITS



Veipd.com

- What does this mean?
  - Children learn throughout the day from regular caregivers
- What are the implications for service delivery?
  - Visits should build caregivers' capacity and support them

### 2. FAMILIES ARE COMPETENT



www.infanthearing.org

- What does this mean?
  - Families are looking after and teaching their children, even without professional help
- Implications for service delivery?
  - Use adult-learning theory and collaborative consultation

# 3. EVERY FAMILY NEEDS A COMPREHENSIVE SERVICE PROVIDER (I.E., KEYWORKER).



www.centerfor childdevelopment.ca

- Meaning?
  - One person concerned with whole child and family
- Implications?
  - Primary service provider for transdisciplinary contexts
  - Comprehensive service provider in multidisciplinary contexts

# 4. INFORMAL SUPPORTS ARE BETTER PREDICTORS OF WELL-BEING THAN ARE FORMAL SUPPORTS.

#### Each NDIS participant has an individual plan & budget · Informal supports Support from family and friends Informa supports · Mainstream supports Support from the community, such as the health and My education system, therapeutic supports goals **NDIS** funded support Reasonable and necessary Mainstream NDIS funded support funded by NDIS supports support to achieve goals

- Meaning?
  - Family, friends, neighbors
- Implications?
  - Assess family ecology with an ecomap
  - Use ecomap with family to find solutions

# Is the 'treatment system' good enough? Careless Society' — John McKnighten

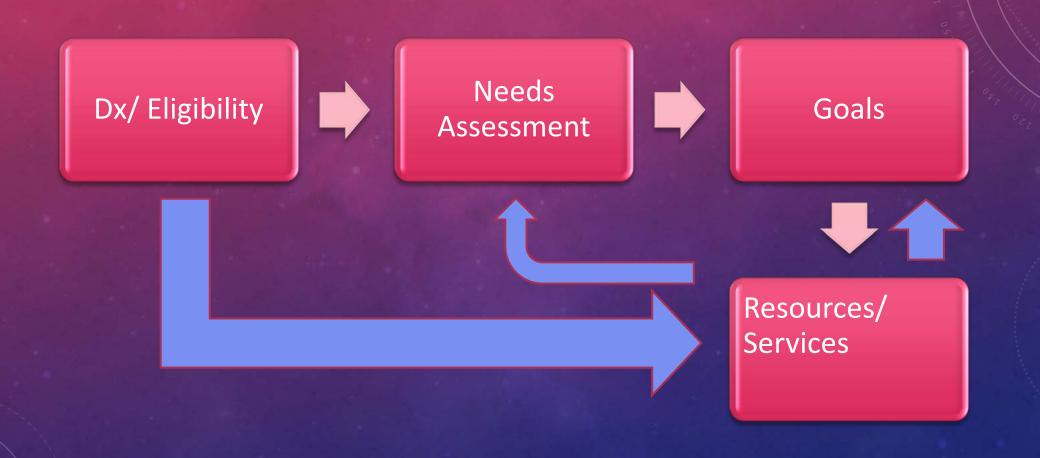
- "The professional problem" the iatrogenic and self-serving agenda of professionals
- "Increasingly, professionals are claiming the power to decide whether their 'help' is effective. The important, valued, and evaluated outcome of services is the professional's assessment of their own efficacy. The client is viewed as a deficient person, unable to know whether he has been helped" (McKnight, 1995, p.50)

# 5. FAMILIES SHOULD BE HELPED TO IDENTIFY A RICH LIST OF MEANINGFUL CHILD AND FAMILY GOALS.



- Meaning?
  - Functional child goals
  - Child-related family goals
  - Family-level goals
- Implications?
  - Routines-based assessment
     + overall family life

## WHEN DO WE DECIDE ON RESOURCES?



NO MORE SETTING GOALS FROM WHAT PARENTS FIRST SAY THEY WANT.

- What's the problem?
- What's the alternative



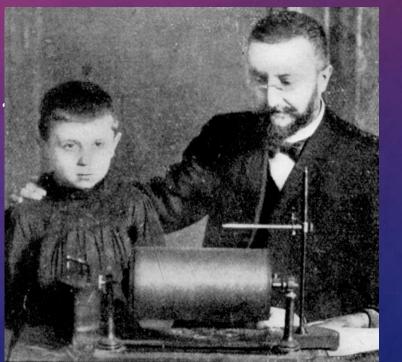
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NO MORE SETTING GOALS FROM RESULTS OF ELIGIBILITY TEST.

- What's the problem?
- What's the alternative



## NO MORE CHILD-ONLY IFSPS

- What's the problem?
- What's the alternative



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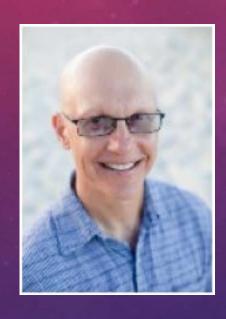
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### 6. EVIDENCE-BASED PRACTICES RULE THE DAY.

- "Professionally, the term "evidence-based practice" is used both as a noun and as a verb. As a noun an evidence-based practice is an intervention that is based in science. As a verb evidence-based practice is the disposition of a practitioner to base the selection of their [sic.] interventions in science."
   (https://www.cec.sped.org/Standards/Evidence-Based-Practice-Resources-Original)
- Evidence-based practices.
- Potentially evidence-based practices.
- Having mixed effects.
- Having negative effects.
- Having insufficient evidence to categorize their effectiveness.

#### **EBPS**



Spedpro.org

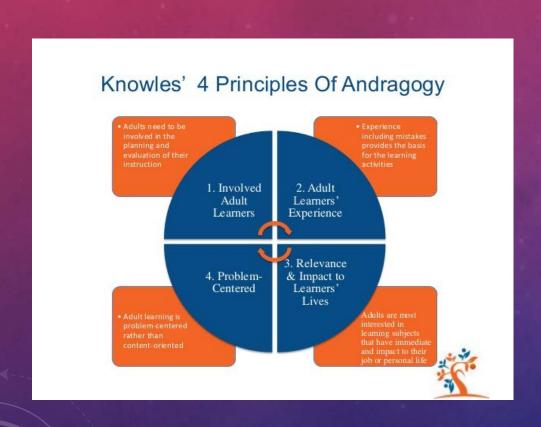
### Meaning?

- Use incidental teaching and, when appropriate, operant conditioning IN CONTEXT
- Implications
  - No more sensory integration treatment, psychopathologizing, nonfunctional interventions

## FOR CHILDREN WITH ASD, WHICH ARE EBPS?

- Music therapy
- Time delay
- Sensory diet
- Parent-implemented intervention
- Sensory integration
- Naturalistic intervention

# 7. TWENTY-FIRST-CENTURY EARLY INTERVENTIONISTS SHOULD BE CONSULTANTS WELL-VERSED IN ADULT LEARNING THEORY AND HAVE EXPERTISE IN EARLY CHILDHOOD DEVELOPMENT AND DISABILITY.



- Meaning?
  - Joint solution finding
- Implications
  - Hoosiers rule

### NO MORE MULTIDISCIPLINARY SERVICE DELIVERY

- What's the problem?
- What's the alternative:



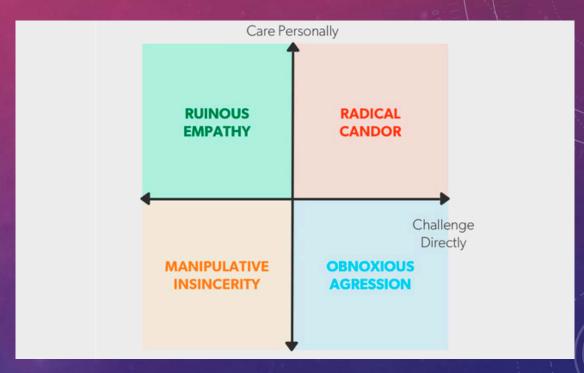
# 8. EARLY INTERVENTION SERVICES SHOULD BE WELL COMPENSATED.



- Meaning?
  - Pay should reflect professional status
- Implication?
  - Hire highly qualified personnel, provide good inservice training, expect a lot

# NO MORE EARLY INTERVENTIONISTS' GOING FOR MONTHS, YEARS, WITH NO FEEDBACK

- What's the problem?
- What's the alternative?



### NO MORE EI WITH BAD DATA

- What's the problem?
- What's the alternative?



# 9. EARLY INTERVENTION IS A PARENTING PROGRAM.



- Meaning?
  - Prevention & the future
- Implications?
  - Talk
  - Read
  - Play
  - Teach

Parentresourcecentre.com

#### HOW DO WE MAKE THIS HAPPEN?

- Performance-based feedback, with checklists
  - Ecomap and RBI Checklist
  - Service Decision-Making Checklist
  - Home-Visiting Checklist
  - Collaborative Consultation Checklist

### WHAT WOULD BE THE RESULTS?

- Children functioning better
  - MEISR
  - ClaMEISR
- Families' quality of life improved
  - Access to information and services
  - Perceptions of child functioning
- These should result in federal outcomes improving

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## CHILD FUNCTIONING

- Engagement
- Independence
- Social relationships



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## ENGAGEMENT

- Meaningful participation in
  - Home
  - School
  - Community

routines



# KEY INTERVENTIONS

- With families
  - Family consultation (Hoosier's Rule)
  - In routines
- With teachers
  - Collaborative consultation/integrated therapy
  - In routines
- Caregivers with children
  - Incidental teaching

### SCARY REALITY

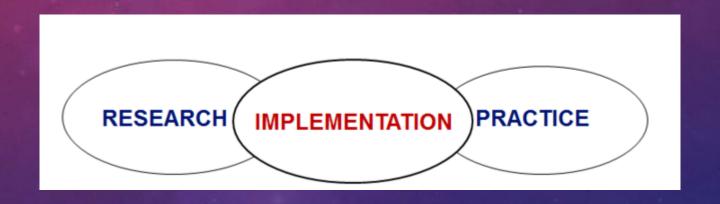


- Most early interventionists don't know much about prompting procedures, reinforcement principles, or adult-learning theory!
- How can they transmit interventions to families?!

#### NEW ERA

- We'll help them
  - We'll teach them about
    - Prompting procedures
    - Reinforcement principles
    - Adult-learning theory
  - We'll teach them how to use family and collaborative consultation
  - We'll give them performance feedback and keep data on their performance

# WE'LL DO THIS WITH IMPLEMENTATION SCIENCE



# RBM PROCESS FOR HOME- AND COMMUNITY-BASED SUPPORT

Depict Family Ecology (Ecomap)

Needs Assessment (RBI)

Functional & Family Goals (Participation-Based Child Goals)

Caregiver-Mediated Intervention

Home or Child Care Visits (Consultation)

Transdisciplinary (PSP)

Family Quality of Life

Goal Attainment

Child Engagement, Independence, Social Relationships or Other Outcomes

### IMPLEMENTATION THE MCWILLIAM WAY

- 1.Implementation planning
- 2.Implementation of practices incrementally
- 3.Lead up, intensive training, maintenance

# IMPLEMENTATION PLANNING

- What are the components of the Routines-Based Model?
- What do we need to improve or change?
- Which improvement/change items can be addressed with the RBM?
- Which components do we want to implement?
- What other efforts are or will be occurring?
- What timelines for the components and other efforts?
- Who will define action steps for each components
  - Lead up
  - Intensive training
  - Follow up

### HOW TO DETERMINE FUNCTIONAL GOALS



- Writing functional goals isn't only about the writing.
- You could have a well-written nonfunctional goal.



### THE ROUTINES-BASED INTERVIEW

- Go through each "routine" (i.e., time of day or activity)
- Get a sense of family's and child's functioning
- Write down significant information
- Star the concerns
- Recap concerns with the family, showing them the starred items
- Ask what the family would like to concentrate on
- Write down these outcomes
- Ask them for the priority order

#### STRUCTURE

#### **Within Each Routine**

- What does everyone else do?
- 2. What does this child do?
  - a) Engagement
  - b) Independence
  - c) Social relationships
- 3. How satisfactory is this routine?

Waking Changing diaper,
Going to kit
Breakfa: 3.
Parent getting
Going of
In shops
Lunch
Going to park
Other family member
coming home
Dinner preparat
Dinner
Bath

TV Bedtime

**Home Rou** 

3. How well is this routine working for the child ("goodness of fit")

Story unch Nap enters parture

Outside

**M**usic



#### FOLLOW-UP QUESTIONS

- Everything hinges on follow-up questions
  - Getting details of child functioning
  - Getting details of family functioning
  - Credibility demonstrated by salience of questions
  - Goal: Rich picture of routine

THE STYLE SHOULD BE RESPECTFULLY INFORMAL, INTERESTED, EMPATHETIC, AND CURIOUS



# EXAMPLES OF RBI-GENERATED LISTS OF INFORMAL OUTCOMES

#### JACQUE'S OUTCOMES

- 1. Samantha eat
- 2. Move to get to places (rolling, crawling, walking)
- 3. In and out of sitting
- 4. Stand up
- 5. Play with toys the way they're designed... more toys
- 6. Communication (reaching, sounds)
- 7. Cup drinking
- 8. Jacque's relationship with Gabriel and Andrea

#### BRANDE'S OUTCOMES

- 1. Communicate mama, dada, more, done
- 2. Move independently, shifting weight
- 3. Fingerfeeding
- 4. Be more vocal
- 5. Throw things
- 6. Swallow liquid from cup
- 7. Clap by himself
- 8. Megan and Hayley get along
- 9. Hayley not scream at dinner prep time

#### ANA'S AND ANDREW'S OUTCOMES

- 1. Jenevae will move independently (like crawling)
- 2. Time for Ana and Andrew
- 3. Learn to play with more complicated toys
- 4. Hobby for Andrew (not video, not car)
- 5. Andrew to college
- 6. Info re: financial help
- 7. Say words
- 8. Pulling to stand
- 9. Come to sitting
- 10. Lower Ana's stress
- 11. Time for Ana for herself (trustworthy child care)
- 12. Info on child care

#### VIRGEN'S OUTCOMES

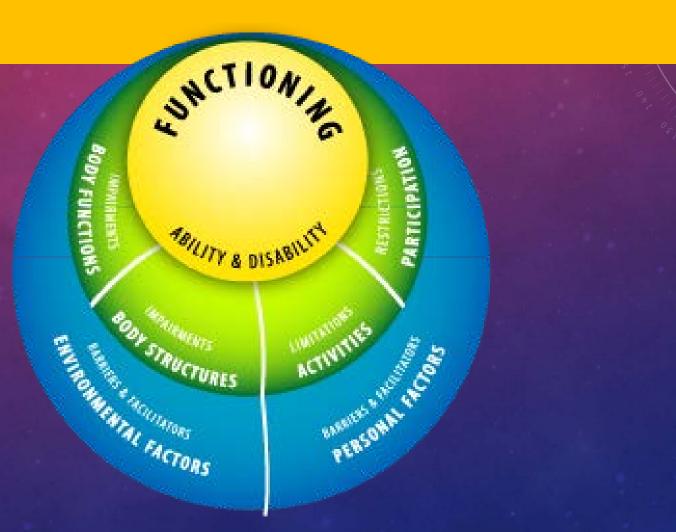
- 1. Virgen make decision about back to school
- 2. Bedtime—Anthony going to sleep without fussing
- 3. Parents learn about Anthony's breathing
- 4. Anthony playing to make sounds
- 5. Anthony grabbing
- 6. Virgen learn baby games

## DULCIE'S GOALS (meals, dressing, school)

- 2. Stay in bed, including through the night
- 3. Play independently or in parallel play
- 4. Talk clearly to be understood
- 5. Consistency between Dulcie's and children's dad's
- 6. Natalie play and talk back and forth with others
- 7. Dulcie in school and finish and decide what to do
- 8. Natalie pulling up pants
- 9. Follow rules at supper
- 10. Natalie and Blake busy longer at dinner prep
- 11. Natalie recognize name in writing
- 12. Kids play in bath with little splashing



PARTICIPATION-BASED GOALS WITH CRITERIA FOR ATTAINMENT



#### PROBLEMS IN NEEDS ASSESSMENT

- Making the opt-out of the RBI sound like a good option
- Superficial "Tell me about your typical day"
  - No depth to discussion of routines
- Not enough family-level discussion
- Not enough stars
- Not enough goals or notmeaningful goals



#### BACKWARD MAPPING

Functional Assessment

Participation-Based Goals Effective Home Visits

#### NEEDS ASSESSMENT

Main concerns

How successful are the children's and family's daily lives?

What are the family's top priorities?



### FUNCTIONAL GOALS



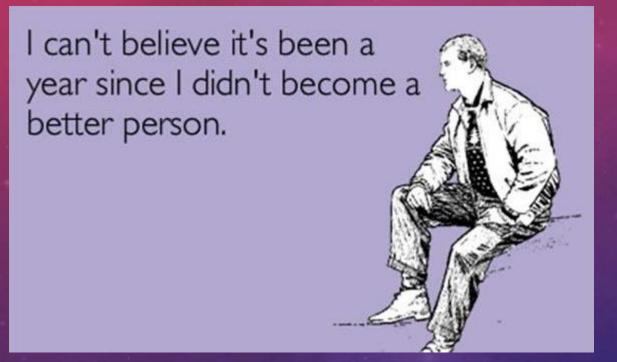
What makes a child goal functional?

**Participation** 

Context

Meaningful skill

#### PROBLEMS WITH GOALS



- Participation in behaviors, not routines
- Clumping skills
- Meaningless criteria

#### EXAMPLE PARTICIPATION-BASED OUTCOMES

- Priya will participate in circle, centers, and snack by staying in place. We will know she can do this when she stays with one activity for 5 minutes during circle, one center, and snack in one day for 5 consecutive days.
- Quentin will participate in dinner preparation, free play at school, and play time at home by playing with a toy (no screen). We will know he can do this when he plays with one or more toys with no help, after being told to play, for 10 minutes during dinner prep, one free play time at school, or one play time at home in 1 day for 3 consecutive days.

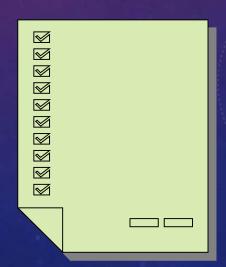
#### MORE EXAMPLES

- Rose will participate in car ride home, circle, and centers by using 2-word combinations. We will know when she uses three true 2-word combinations (i.e., combining two ideas, such as noun + verb) during each of these 3 times of day on 5 consecutive days.
- Sam will participate in going to school, going to the bathroom at school, and outside play by walking with his walker. We will know he can do this when he walks 10 yards with his walker twice a day on 3 of 5 days.

Quality Issues in Preschool
Programs Formative and
Summative Evaluation
Tools Easing Community
Programs Towards
Excellent Classrooms

#### 7 STEPS FOR WRITING FUNCTIONAL OUTCOMES

- You can't just take a nonfunctional outcome and turn it into a functional outcome
- That will merely produce a well-written nonfunctional outcome



# EXAMPLE OF STEPS FOR DEVELOPING CHILD

OUTCOMERé STERe shorthand version of the outcome from a familycentered, functional needs assessment (e.g., RBI)

Use words or signs

Find out what routines this affects

 Meals, play, dinner
 preparation, outside

Write "Child will participate in [the routine(s) in question]"

Emma will
 participate in
 meals, play time,
 dinner
 preparation, and
 outside

4. Write "by

\_\_\_ing,"
addressing the specific behaviors

By using words or signs.

Add a criterion for demonstration the child has acquired the skill

 We will know she can do this when she uses three different words or signs STEPS 6

Add another criterion for generalization, maintenance, or fluency, if appropriate

- Across routines, people, materials, places, etc.
- Over time (see following step)
- Rate of behavior

 at two times of the day (meals, play, dinner preparation, outside)

On 4 consecutive days

#### Whole outcome:

Emma will participate in meals, play, dinner preparation, and outside by using words or signs. We will know she can do this when she uses 3 different words or signs at two times of the day (meals, play, dinner preparation, outside) on 4 consecutive days.

#### FAMILY-LEVEL OUTCOMES

- Preserve as much of the wording as is appropriate
- Add at least 1
   measurable criterion

Rachel do more things with Paige and Hailey	Rachel will do 3 activities with Paige & Hailey, together, in 1 week for 3 consecutive weeks
Rachel—info on sleep & ASD	Rachel will receive 1 article about sleep & ASD & the name of 1 expert she can contact by May 31
Rachel—info on public housing	Rachel will have information about public housing by May 31

#### GINA'S GOALS

- 1. Emily will extend arms at dressing
- 2. Play without head-banging (because of child care)
- 3. Time for Gina to play with Maria and Emily (15-30 mins)
- 4. Communicate Mama, no, up, cup, Dada, etc.
- 5. Down time before dinner for family
- 6. Sit in car seat without self-stimulating with middle strap (for social reasons)
- 7. Walk faster
- 8. Find child care
- 9. Maria cooperate

#### CATHY'S GOALS

- 1. Time to herself (Cathy)
- 2. Faith jump (soccer, gymnastics)
- 3. Potty training
- 4. Feed herself with utensils
- 5. Dress herself
- 6. Stairs independently (mornings and other times)
- 7. Cathy and Silvio out to dinner
- 8. Faith sit at table at breakfast
- 9. "Read" books (bedtime, some during day)