

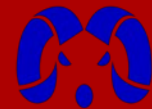
Twelve Critical Elements of a Routines-Based Visit

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The RAM Group

OAICD, Windsor, ON, Canada
10/20/16

“La atención temprana centrada
en la familia”

Dincat, 8 de abril de 2016
Barcelona

Child can use the same materials during the rest of the week.



Simple Rationale for Natural Environments

Generalization



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New Zealand Policy

There will be one person from the team who the family/whanau link with and others may become involved to help with specific goals. The team will work at the family/whanau's home or early childhood education setting, as this is the most natural setting for the child, with the adults who spend the most time with the child.



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Sophisticated Rationale

Promotes
functionality of
discussion with family

But it's an important symbol



Location Might
Be More
Symbolic Than
Necessary



Visits in Natural
Environments
Show a
Commitment to
a Family-
Centered
Approach

Whether necessary or
not, highly symbolic

Early Intervention Professionals Can Still Use a “Clinical” Approach in Home





Can a Visit in a Clinic (Center) Be Routines Based?

Depends on the
content of the visit



Critical Elements of a Support Visit

1. The professional works with the adult, not the child



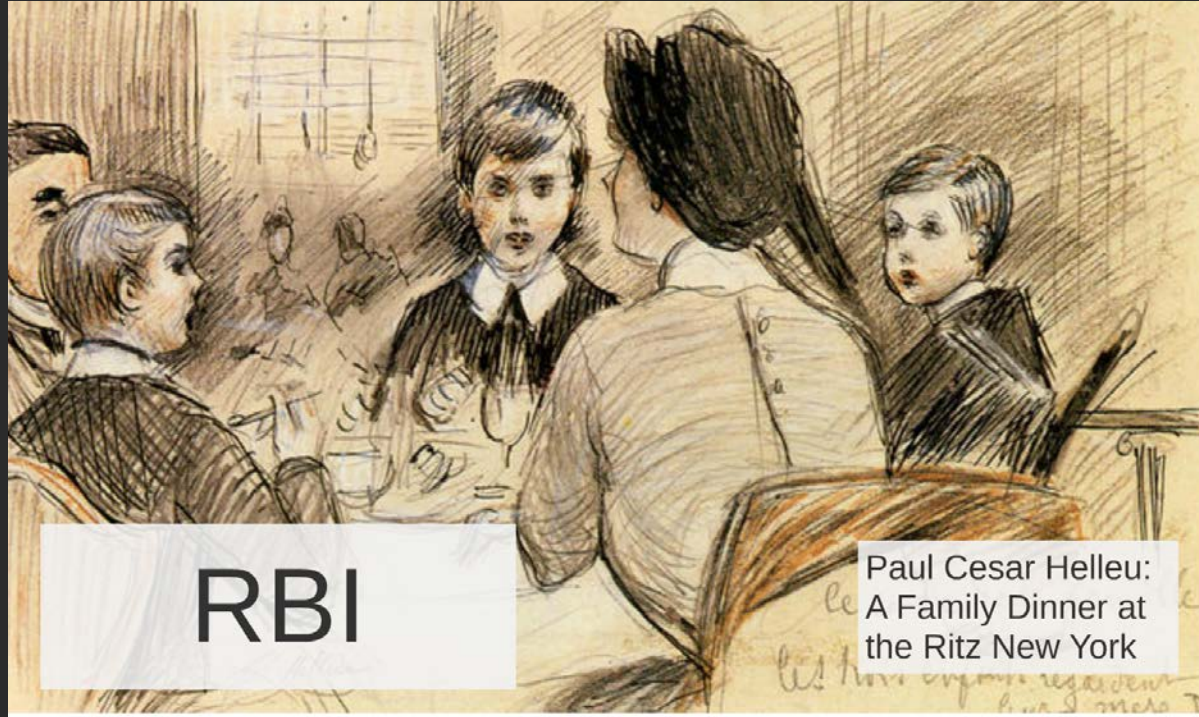


Critical Elements of a Support Visit

2. Caregiver has
opportunity to set
agenda

Critical Elements of a Support Visit

3. Requires a list of
family-chosen child
and family goals





Murillo: The Holy Family (1650)

Critical Elements of a Support Visit

4. Focus of the visit:
Building capacity of
family to “intervene”
with child or meet
family-level needs



Critical Elements of a Support Visit

5. Professional uses
“family consultation”
to work with family to
arrive at solution/
intervention/ strategy

Critical Elements of a Support Visit

6. Professional refers to family's informal supports before formal supports, for helping with some solutions



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Critical Elements of a Support Visit

7. Professional always
concerned about the
primary caregiver's
well-being



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Intact Family

John Dickson Batten:
The Family 1886

Critical Elements of a Support Visit

8. Professional
frequently checks on
family's emotional
support

Material Support



Bernard Hoog:
A Family in an
Interior

Critical Elements of a Support Visit

9. Professional
attends to basic needs
before anything else



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Informational Support

Eugenio Zampighi:
The Family Gathering

Critical Elements of a Support Visit

10. Professional
prepared to provide or
help find information:
child development,
disability,
resources,
intervention

Routines



Bernardus Johannes Blommers:
The Family Meal

Critical Elements of a Support Visit

11. Child functioning
always discussed in
context of a routine



Francesco Bergamini:
Family Time in the Kitchen

Critical Elements of a Support Visit

12. Professional looks
for opportunities to
encourage evidence-
based (and fun)
parenting



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Learning and development occur because of the impact of the environment on child behavior/functioning




G. B. A. Torrigula: Happy Family



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Why Routines?

1. Contexts where life happens



**When a flower
doesn't bloom
you fix the
environment
in which it
grows, not
the flower.**



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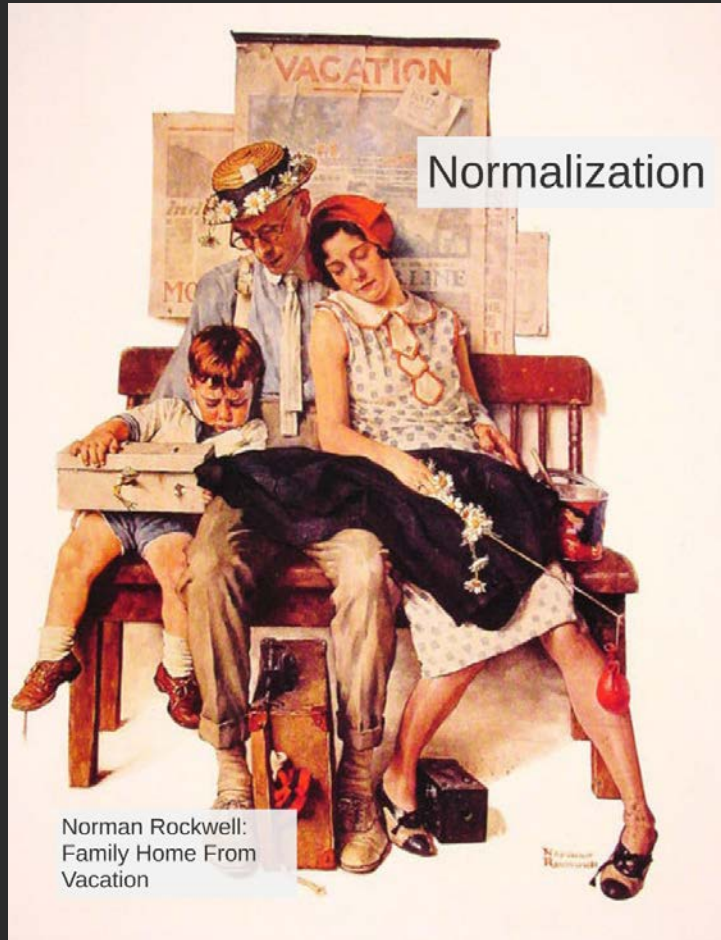
Routines-based early intervention helps families find the accommodations that suit them and that are effective with the child.

Why Routines?

2. Accommodations families make to create their ecocultural niches are mostly adjustments to their routines



Eugenio
Zampighi: A
Happy Family



Normalization

Norman Rockwell:
Family Home From
Vacation

Why Routines?

3. By embedding interventions into their routines, family life is normalized



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Dunst: “Family capacity-building supports”

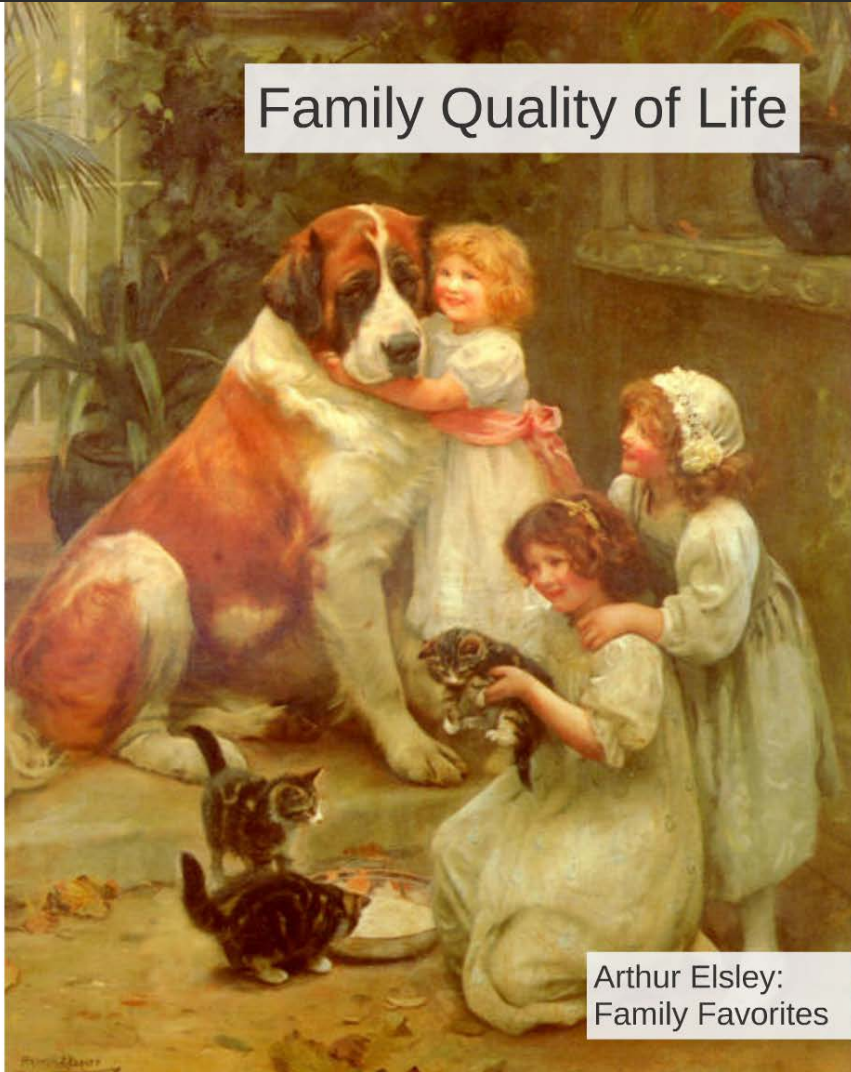
McWilliam: “Routines-Based Model (or Early Intervention)”



Terminology

AT centrada en la familia: Easy to say and not necessarily effective

Family Quality of Life



Arthur Elsley:
Family Favorites

Outcomes of Early Intervention

1. Family Quality of Life
2. Child *functioning*

Engagement
Independence
Social
relationships

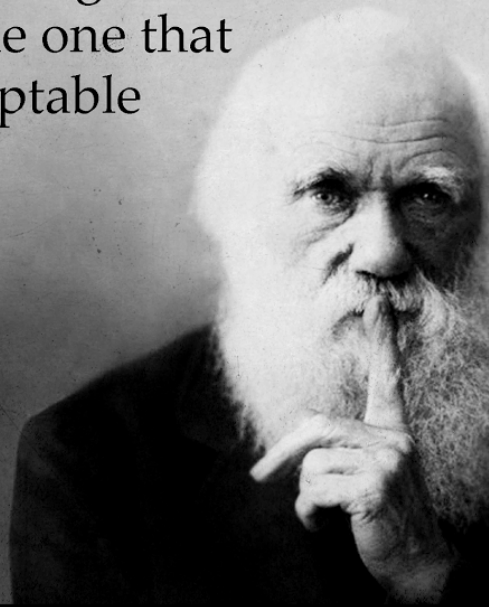


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“It is not the strongest
of the species that survives,
nor the most intelligent that
survives. It is the one that
is the most adaptable
to change.”

Charles Darwin

CE collective...
EVOLUTION



What We Need for Effective AT

Specific, well-defined,
observable, practices



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YOU CAN'T REACH
FOR ANYTHING **NEW** IF
YOUR HANDS ARE STILL FULL
OF YESTERDAY'S **JUNK**.



CE collective...
EVOLUTION



Best Words About Using a Routines-Based Approach

“It didn’t only make
me a better
professional. It made
me a better person.”

Valencia conference,
2016, and Ada de
Albacete



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